Breakfast

AVAILABLE UNTIL 11 AM

BREAKFAST SANDWICH: \$5.50 Soft brioche bun, egg, ham and cheddar cheese

HASHBROWN PATTY: \$2

SMOOTHIE: \$8

Mixed berries, yogurt and orange juice

YOGURT PARFAIT: \$5

Vanilla yogurt, berry compote and gluten free almond granola

APPLE STRUDEL: \$3.50

CHOCOLATE CHIP COOKIE: \$1

CROISSANT: \$3.50

PRETZEL: \$4, ADD DIP FOR \$1

Lunch

BISTRO SANDWICH: \$7

In-house made pretzel bun, ham or turkey, lettuce, tomato and pickle

COMBO: \$3.50 (SIDE FRIES + CANNED DRINK)

BURRITO BOWL: \$12

ADD CHICKEN FOR \$2

Rice, corn, bean and tomato salad, sautéd peppers and onions, guacamole, cheddar cheese tortilla chips, salsa & sour cream

CAESAR SALAD: \$7

ADD CRISPY OR GRILLED CHICKEN FOR \$3

Romaine lettuce, parmesan cheese, croutons and caesar dressing

CHICKEN FINGERS & FRIES WITH HONEY DILL: \$12

FRENCH FRIES: \$6

GRILLED CHEESE: \$5.50 COMBO: \$3.50 (SIDE FRIES + CANNED DRINK)

HAND ROLL: \$5

Nori wrapped sushi rice, carrots, cucumber, red cabbage and green onion. Served with sriracha mayo and soya sauce

MEDITERRANEAN BOWL: \$12

Rice, lettuce, Greek salad (tomato, cucumber, peppers, red onion, kalamata olives, feta cheese) with pita and tzatziki OPTIONS: FALAFEL BALLS \$3, GRILLED CHICKEN \$3

VEGETARIAN SAMOSA WITH PANEER CURRY – \$7

VEGETARIAN SPRING ROLLS: \$5

DAILY LUNCH SPECIALS FOUND ON NEXT PAGE

ACADEMY

BISTRO

MAY FEATURE Mac & Cheese Friday \$9